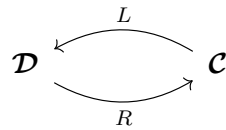
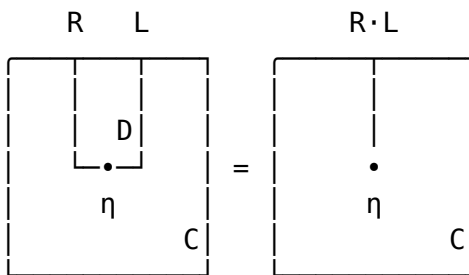


Consider an adjunction $L \dashv R$

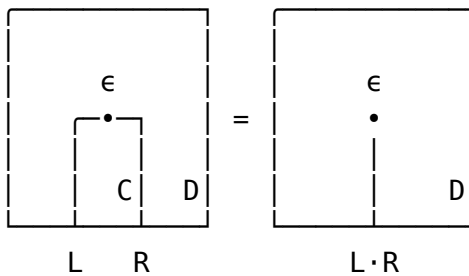


we draw the unit $\eta : 1_C \Rightarrow R \circ L$ and the counit $\epsilon : L \circ R \Rightarrow 1_D$ as string diagrams

- $\eta : 1_C \Rightarrow R \circ L$



- $\epsilon : L \circ R \Rightarrow 1_D$



The two triangle identities become

- left triangle

