

Theorem 0.1. (*Yoneda lemma*) For any functor $F : \mathcal{C} \rightarrow \mathbf{Set}$ whose domain \mathcal{C} is locally small and any object $c \in \mathcal{C}$ there is a one-to-one correspondence

$$[\mathcal{C}, \mathbf{Set}](\mathcal{C}(c, -), F) \cong Fc$$

between natural transformations $\alpha : \mathcal{C}(c, -) \Rightarrow F$ and elements of Fc .¹

Moreover the correspondence is natural in c and F .

Yoneda lemma says that hom-functors are special: they have natural transformations to any other functor. And these natural transformations are limited in the sense that they are enumerated by a set.

Proof of correspondence. Consider a natural transformation $\alpha : \mathcal{C}(c, -) \Rightarrow F$

1. the naturality square is

$$\begin{array}{ccc} x & \mathcal{C}(c, x) & \xrightarrow{\alpha_x} Fx \\ f \downarrow & \mathcal{C}(c, f) \downarrow & \downarrow Ff \\ y & \mathcal{C}(c, y) & \xrightarrow{\alpha_y} Fy \end{array}$$

2. specialize it to the case $x = c$

$$\begin{array}{ccc} c & \mathcal{C}(c, c) & \xrightarrow{\alpha_c} Fc \\ f \downarrow & \mathcal{C}(c, f) \downarrow & \downarrow Ff \\ y & \mathcal{C}(c, y) & \xrightarrow{\alpha_y} Fy \end{array}$$

3. the naturality condition is

$$\alpha_y \circ \mathcal{C}(c, f) = Ff \circ \alpha_c$$

¹there is also the *dual* version $[\mathcal{C}, \mathbf{Set}](\mathcal{C}(-, c), F) \cong Fc$

it holds between sets so it can be *evaluated* point-wise, in particular for $\mathbf{1}_c \in \mathcal{C}(c, c)$

$$[\alpha_y \circ \mathcal{C}(c, f)](\mathbf{1}_c) = [Ff \circ \alpha_c](\mathbf{1}_c)$$

$\mathcal{C}(c, f)$ acts by pre-composition: $\mathcal{C}(c, f)(\mathbf{1}_c) = f$

$$\alpha_y(f) = (Ff)(\alpha_c(\mathbf{1}_c))$$

the right hand side does not depend on y thus every component α_y is determined by the value of component α_c evaluated at $\mathbf{1}_c$ thus the natural transformation is uniquely determined by

$$\alpha_c(\mathbf{1}_c) \in Fc$$

4. in the other direction every natural transformation $\alpha : \mathcal{C}(c, -) \Rightarrow F$ can be evaluated at $\mathbf{1}_c$ getting a point in Fc

$$\alpha_c(\mathbf{1}_c) \in Fc$$

□

The intuition is that the naturality condition is so strong that it is sufficient to know the value of α_c at $\mathbf{1}_c$ to uniquely determine the rest of the natural transformation.

Proof of naturality. Naturality of

$$[\mathcal{C}, \mathbf{Set}](\mathcal{C}(c, -), F) \cong Fc$$

in c and F means that they are the components ϕ of two natural isomorphisms with the following naturality squares²

1. keeping F fixed and taking a morphism $f : c \rightarrow c'$ it can be seen that the naturality square

²we use the notation $f_*(g) = fg$ for post-composition and $f^*(g) = gf$ for pre-composition

$$\begin{array}{ccc}
 c & [\mathcal{C}, \mathbf{Set}](\mathcal{C}(c, -), F) & \xleftarrow{\phi_c} Fc \\
 f \downarrow & (f^*)^* \downarrow & \downarrow Ff \\
 c' & [\mathcal{C}, \mathbf{Set}](\mathcal{C}(c', -), F) & \xleftarrow{\phi_{c'}} Fc'
 \end{array}$$

commutes

2. keeping c fixed and taking a natural transformation $\eta : F \Rightarrow G$ it can be seen that the naturality square

$$\begin{array}{ccc}
 F & [\mathcal{C}, \mathbf{Set}](\mathcal{C}(c, -), F) & \xleftarrow{\phi_F} Fc \\
 \eta \downarrow & \eta_* \downarrow & \downarrow \eta_c \\
 G & [\mathcal{C}, \mathbf{Set}](\mathcal{C}(c, -), G) & \xleftarrow{\phi_G} Gc
 \end{array}$$

commutes

□

See [1] Ch.2.2, [2] Ch.2.2, [3] Ch.15.

See also:

- Category Theory II 4.2: The Yoneda Lemma - YouTube
- The Yoneda Lemma

[1] E. Riehl, *Category Theory in Context* (Dover, 2015).

[2] P. Perrone, *Notes on Category Theory with Examples from Basic Mathematics*, (2019).

[3] B. Milewski, *Category Theory for Programmers* (2019).
